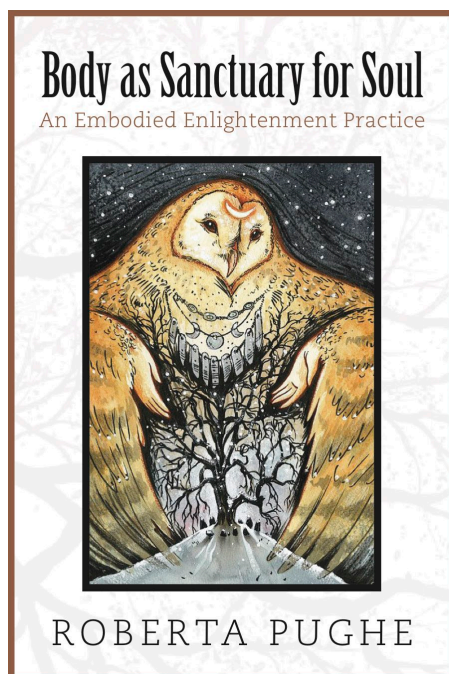


## Book Club Meeting



**Tuesday, February 16**  
**7.30-8.30 pm**  
**at Gratitude Yoga**  
**(in our upstairs loft)**  
**suggested donation: \$5**

Please join our dear friend, fellow yogi, and gifted healer, Roberta Pughe, for a discussion of her latest book, ***Body as Sanctuary for Soul***. Drawing from Gestalt Theory/Therapy, Shamanism, Platonic Philosophy and Elemental Breath Work, Roberta's practical and easily accessible approach teaches you to experience your soul's intelligence as it informs the daily activities of your life. **The book is available at the studio for \$17.95. You may also purchase Roberta's audio CD, *Feed the Muse* (\$14.95), as a perfect complement to her book**



**Roberta Pughe**, M.A., Ed.S., is a Princeton-based Gestalt Psychotherapist (Licensed Marriage and Family Therapist) and Shamanic Practitioner with over 30 years experience in private practice. Clinical Director of The Institute for Embodied Enlightenment as well as The Center for Relationship, Roberta is an educator and workshop leader around the globe. Increasingly, she is bringing her deep knowledge of the Sacred Wisdom Traditions to bear on her therapeutic work with couples, individuals, and families. Roberta finds that the ancient shamanic path – in the face of our harried modern lives – offers access to deep healing.